



# SENIOR CITIZEN RESOURCE GUIDE

CALIFORNIA'S THIRTY-SIXTH CONGRESSIONAL  
DISTRICT

Office of Congressman Raul Ruiz, M.D.

September 2014

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# BIOGRAPHY



U.S. Representative Raul Ruiz, M.D., grew up in the community of Coachella, California, where both of his parents were farm workers. Dr. Ruiz achieved his lifelong dream of becoming a physician through public education. After graduating from Coachella Valley High School, Dr. Ruiz graduated magna cum laude from UCLA. He went on to Harvard Medical School, where he earned his Medical Degree, as well as a Masters of Public Policy from the Kennedy School of Government and a Masters of Public Health from the School of Public Health, becoming the first Latino to earn three graduate degrees from Harvard University.

He completed his Residency in Emergency Medicine at the University of Pittsburgh and a Fellowship in International Emergency Medicine at the Harvard Humanitarian Initiative. During his training, Dr. Ruiz served as a consultant to the Ministries of Health of both Serbia and El Salvador.

Dr. Ruiz returned home after completing his medical training and began working as an Emergency Physician at Eisenhower Medical Center. Recognizing the physician shortage crisis in the Coachella Valley, Dr. Ruiz started Future Physician Leaders, a pre-medical mentorship program for young aspiring doctors, which has grown to include over 200 local students.

The program became part of the University of California, Riverside School of Medicine, where Dr. Ruiz served as a Senior Associate Dean. Through the group Volunteers in Medicine, he helped to open a free clinic to help underserved communities in the Coachella Valley.

In 2010, Dr. Ruiz started the Coachella Valley Healthcare Initiative, which brought together stakeholders from across the region to address the local healthcare crisis. He has also worked internationally in the medical community. In 2010, Dr. Ruiz flew to Haiti immediately following the 2010 earthquake and served as the Founding Medical Director for the J/P Haitian Relief Organization. The U.S. Army's 82nd Airborne awarded him the Commanders Award for Public Service for his work in Haiti.

Dr. Ruiz continued his work as an Emergency Doctor until he was elected to the U.S. House of Representatives in 2012. He represents California's 36th District, which includes the entire Coachella Valley, as well as the cities of Banning, Beaumont, Blythe, Hemet and San Jacinto. He resides in Palm Desert, CA.

Dr. Ruiz currently serves on the House Committee on Natural Resources and the House Committee on Veterans' Affairs.

# CONTACT INFORMATION



## **Washington D.C. Office**

1319 Longworth Building  
Washington, D.C. 20515  
Phone: 202-225-5330  
Fax: 202-225-1238

## **Palm Springs Office**

777 E. Tahquitz Canyon Way, #338  
Palm Springs, CA 92262  
Phone: 760-424-8888  
Fax: 760-424-8993

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## **Indio Office**

45691 Monroe Street, #2  
Indio, CA 92201  
Phone: 760-989-4111  
Fax: 760-289-7234

## **Hemet Office**

445 E. Florida Avenue  
Hemet, CA 92543  
Phone: 951-765-2304  
Fax: 951-765-3784

# FEDERAL, STATE, AND COUNTY RESOURCES

## Social Security Administration

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Social Security Administration provides general information, eligibility, and application information for the following areas:

- Retirement
- Disability
- Medicare
- Survivors
- Supplemental Security Income

Online services are available, and individuals may learn, apply, and manage benefits via the Social Security Administration online website: [www.ssa.gov](http://www.ssa.gov).

For individuals that do not have access to the Internet, you may call the Social Security Administration toll free at **1-800-772-1213**, or visit one of the local Social Security Offices below.

### Palm Springs

4201 E. Ramon Rd  
Palm Springs, CA  
92264

### Indio

46845 Monroe Street,  
Suite 2  
Indio, CA 92201

### Blythe

1287 W. Hobson Way  
Blythe, CA 92225



# FEDERAL, STATE, AND COUNTY RESOURCES

## California Department of Aging

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Working to promote the independence and well-being of older adults, adults with disabilities, and families through:

- Access to information and services to improve the quality of their lives
- Opportunities for community involvement
- Support for family members providing care
- Collaboration with other state and local agencies

Programs and services that California Department on Aging administers are:

- Adult Day Health Care
- Community-Based Adult Services
- Disease Prevention and Health Promotion
- Family Caregiver Support Program
- HICAP – Health Insurance Counseling and Advocacy Program
- Legal Assistance
  - If you need legal assistance, you can locate a Legal Services Project by calling the local Area Agency on Aging at 1-800-510-2020
- Long-Term Care Ombudsman Program
  - The State CRISISline number is 1-800-231-4024
- Multipurpose Senior Services Program
- Nutrition
- Senior Community Services Employment Program
  - For information and to see if you qualify:
    - Contact your Area Agency on Aging
    - Be at least 55 years of age
    - Call 1-800-510-2020
- Supplemental Nutrition Assistance Program-Education (SNAP-Ed)

### Contact the California Department of Aging

**1300 National Drive, Suite 200  
Sacramento, CA 95834-1992  
Phone: 916-419-7500  
Fax: 916-928-2267  
TDD: 800-735-2929  
Website: [www.aging.ca.gov](http://www.aging.ca.gov)**

# FEDERAL, STATE, AND COUNTY RESOURCES

## California Commission on Aging

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The California Commission on Aging serves as the primary advocate on behalf of older individuals in matters involving legislation and regulations made by state and federal departments and agencies.

The Commission acts as an advisor to the Governor, State Legislature, and State, Federal, and local departments and agencies on issues affecting older individuals. This is done in order to ensure that older Californians may live with dignity in their chosen environment.

### Contact the Commission on Aging

1300 National Drive, Suite 173  
Sacramento, CA 95834

Phone: 916-419-7591

Fax: 916-419-7596

Email: [ccoa@cco.ca.gov](mailto:ccoa@cco.ca.gov)



## California Department of Insurance

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Seniors face much difficulty when making decisions about insurance, due to changing laws, more choices, and the threat of scams.

The best way to make informed and safe decisions is to become familiar with the facts. The California Department of Insurance is equipped to provide information on the following topics:

- Health Coverage
- Long-Term Care Insurance
- Tips Before Buying Insurance
- Other Resources of Benefit to Seniors

The California Department of Insurance also provides information guides on the following topics:

- Informing Seniors
  - Tips for Dealing with Insurance
  - Checking Out Your Agent and Company
  - Never Be Pressured or Intimidated by an Agent
  - Answer All Questions on the Application Correctly
  - Never Sign Anything You Don't Understand
  - Compare Policies Carefully
  - Always Read Your Policy
  - Keep Your Policy in a Safe Place
- Driving for Seniors
  - Auto Insurance Basics
  - Shopping for Auto Insurance
  - Polishing Your Driving Skills
  - Planning Your Trip for a Safer Drive
  - Staying on Top of Physical Changes
  - When Is It Time to Stop Driving?
  - Common Terms
- Senior Insurance Bill of Rights
- Annuities – What Seniors Need to Know

### Consumer Hotline

**1-800-927-HELP (4357)**

**8:00am to 5pm M-F**

**<http://www.insurance.ca.gov/0150-seniors/>**

# FEDERAL, STATE, AND COUNTY RESOURCES

## California Department of Motor Vehicles

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The California Department of Motor Vehicles is committed to helping you keep your driver license for as long as you can safely drive.

An individual's mental and/or physical condition, or an inability to follow traffic laws and rules regardless of age is the determinant of whether a license is renewed, restricted, suspended, or revoked.

**All persons age 70 or older must renew their driver license in person at a DMV office.**

The number one restriction for senior drivers is vision-related and usually requires the driver to wear glasses or corrective contact lenses. Other common restrictions include:

- No freeway driving
- Driving a vehicle with an additional right side mirror
- Driving from sunrise to sunset
- Time of day restriction
- Using adequate support to ensure proper driving position
- Area restriction
- Wearing bioptic telescopic lens when driving/restricted to driving from sunrise to sunset

If the Department's vision standard of 20/40 is not met, the DMV employee will issue a Report of Vision Examination (DL 62) form and require that a vision specialist be seen. **A vision specialist is a licensed ophthalmologist or optometrist.**

**For more information on resources available for senior drivers please visit [http://www.dmv.ca.gov/about/senior/senior\\_top.htm](http://www.dmv.ca.gov/about/senior/senior_top.htm), or call your local DMV office.**

<u>Palm Springs</u>	<u>Indio</u>	<u>Palm Desert</u>	<u>Blythe</u>
950 N. Ferrell Drive Palm Springs, CA 92262 (800) 777-0133	44-480 Jackson Street Indio, CA 92201 (800) 777-0133	74-740 Technology Drive Palm Desert, CA 92211 (800) 777-0133	430 S. Broadway Blythe, CA 92225 (800) 777-0133

## California Seniors Gateway

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The Senior Gateway was designed as a one-stop shop that provides seniors, their families, and caregivers with the information that they need to connect to services and resources, to find answers, and solve problems that they may be facing.

The Senior Gateway provides information on the following topics:

- Abuse and Neglect
  - Physical and Mental Abuse
  - Private Homes and Licensed Care Facilities
- Fraud and Scams
  - Fraud and Financial Abuse
  - Avoiding Scams
  - Veterans' Information
  - Other Financial Resources
- Healthcare
  - Healthcare and Insurance Information
  - Medicare and Medi-Cal
  - Long-Term Care
- Your Rights
  - Insurance
  - Health Care Plans
  - Health Care Professionals
  - Hiring Contractors
  - Caregiving Services
- Other resources
  - Directory of Contacts
  - Local Services
  - State Agency Directory
  - AARP
  - About Assisted Living
  - California Advocates for Nursing Home Reform
  - California Health Advocates
  - National Council on Aging

**For more information on resources, please visit their website:**

**<http://www.seniors.ca.gov>**

# FEDERAL, STATE, AND COUNTY RESOURCES

## Riverside County Office on Aging

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Riverside County Office on Aging is responsible for providing leadership in developing a system of care services for older persons and adults with disabilities in Riverside County.

Riverside County Office on Aging provides the following services and programs:

- Aging and resource disability connection program (ADRC)
- Care coordination
- Care transitions intervention (CTI)
- Hospital liaison
- Caregiving
- Community outreach and education
- Fit after 50
- Grandparents raising grandchildren
- Health insurance counseling and advocacy program (HICAP)
- Volunteer services
- Health promotion
- Legal assistance
- Network of care
- Nutrition
- Ombudsman services (facility visits)
- Personal care/homemaker services
- Senior employment
- Senior helplink
- Senior surplus distribution
- Transportation
- 911 Senior emergency cellular phone program

**Check out their calendar of events online at: <http://www.rcaging.org/calendar>, or by calling one of the office numbers listed below.**

**West County Office  
(Main)**

6296 River Crest Drive,  
Suite K  
Riverside, CA 92507-  
0738  
Phone: 951-867-3800

**Hemet Service Center  
(Satellite Office)**

749 North State Street  
Hemet, CA 92543-1474  
Phone: (951) 791-3573

**East County Office  
(Satellite Office)**

78-900 Avenue 47,  
Suite 200  
La Quinta, CA 92253  
(760) 771-0501

# FEDERAL, STATE, AND COUNTY RESOURCES

Riverside County Office on Aging also provides information on Senior HelpLink, which connects seniors, adults with disabilities, family members, professionals, and the general public with a variety of resources, including:

- Personal Care
- Adult Day Care
- Congregated Meals
- Homemaker Services
- Care Management
- Legal Assistance
- Transportation
- Home Delivered Meals
- Employment
- Housing
- Healthcare

**Senior Helplink**  
**1-800-510-2020**

## Community Connect

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Community Connect is a Riverside County resource network that connects people in need with entities that can help. The mission of Community Connect is to create safe and healthy communities with an emphasis on providing services and referrals to those in need.

Community Connect covers many resource areas, and provides the following programs and services:

- 211 Riverside County
- HELpline: Crisis/Suicide Prevention
- Nonprofit Resource Center
- Transportation Assistance Program
- Alternative Sentencing Program
- Long-Term Care Ombudsman
- Housing Assistance
- Volunteer Connection

### 211 Riverside County

- A designated 3-digit number that gives callers up to date information and referrals to health and human service agencies.
- If you are unable to dial 211, please call the toll free number at **1-800-464-1123**

### Contact Community Connect

**2060 University Avenue, Suite 212  
Riverside, CA 92507  
Phone: (951) 686-4402  
Fax: (951) 686-7417**

## Medicare

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For senior citizens transitioning or already covered by Medicare, the official government website for Medicare services offers the following information:

- Medicare Costs
- Medicare Coverage
- Prescription Drug Coverage (Part D)
- Supplements and Other Insurance
- Claims and Appeals
- Managing Your Health
- Forms, Help, and Resources

Through the government website, seniors also have access to the following:

- Find doctors and other health professionals
- Find nursing homes
- Find hospitals
- Find home health services
- Find dialysis facilities
- Find health and drug plans
- Find suppliers of medical equipment and supplies

For more detailed information on the services listed above, please visit: [www.medicare.gov](http://www.medicare.gov), or call the following numbers:

**1-800-MEDICARE (1-800-633-4227)**  
**1-877-486-2048 (TTY)**

**Centers for Medicare & Medicaid Services**  
**7500 Security Boulevard**  
**Baltimore, MD 21244-1850**

**For specific billing questions and questions about your claims, medical records, or expenses, visit [MyMedicare.gov](http://MyMedicare.gov), or call 1-800-MEDICARE.**

\*If you want someone to be able to call 1-800-MEDICARE on your behalf or you want Medicare to give your personal information to someone other than you, you need to fill out a “Medicare Authorization to Disclose Personal Health Information” form.

## Medi-Cal

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Medi-Cal enrollment is open all year round and it's easy to apply. Medi-Cal provides essential health benefits, which include the following ten comprehensive services:

- Outpatient (Ambulatory) Services
- Emergency Services
- Hospitalization
- Maternity and Newborn Care
- Mental Health and Substance Use Disorder Services, including Behavioral Health Treatment
- Prescription Drugs
- Physical and Occupational Therapy (Rehabilitative and Habilitative Services) and Devices
- Laboratory Services
- Preventive and Wellness Services and Chronic Disease Management
- Children's Services

Individuals qualify for Medi-Cal if they meet the following criteria:

- 65 or older
- Blind
- Disabled
- Under 21
- Pregnant
- In a skilled nursing or intermediate care home
- On refugee status for a limited time
- A parent or caretaker relative
- Have been screened for breast and/or cervical cancer

If you are enrolled in one of the following programs, you may also qualify for Medi-Cal:

- CalFresh
- SSI/SSP
- CalWorks
- Refugee Assistance
- Foster Care or Adoption

# HEALTHCARE

The following mental health benefits are also available through Medi-Cal:

- Individual and group mental health evaluation and treatment (psychotherapy)
- Psychological testing when clinically indicated to evaluate a mental health condition
- Outpatient services for the purposes of monitoring drug therapy
- Outpatient laboratory, drugs, supplies and supplements
- Psychiatric consultation
- All Specialty mental health services currently provided by County Mental Health Plans will continue to be available.

The following substance use disorder services are now available through Medi-Cal:

- Voluntary Inpatient Detoxification
- Intensive Outpatient Treatment Services
- Residential Treatment Services
- Outpatient Drug Free Services
- Narcotic Treatment Services

If you have questions about eligibility, benefits, or enrollment, please visit [www.dhcs.ca.gov](http://www.dhcs.ca.gov), or call:

**DHCS General Information**

**Phone: (916) 445-4171**

**Medi-Cal Managed Care Division**

**Phone: (916) 449-5000**

**P.O. Box 997413 MS 4400**

**Sacramento, CA 95899**

**Medi-Cal Managed Care Office of the Ombudsman**

**Phone: 1-888-452-8609**

## Denti-Cal

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Dental benefits for adults, ages 21 and older, have been restored by the Center for Medicare and Medicaid Services.

The following benefits are covered under Denti-Cal:

- Exams and x-rays
- Cleanings
- Fluoride treatments
- Fillings
- Anterior root canals
- Prefabricated crowns
- Full dentures
- Other medically necessary dental services
- Emergency services
- Services provided to residents of an Intermediate Care Facility/Skilled Nursing Facility

\*Dental services are covered with some limitations.

### Contact Denti-Cal

**P.O. Box 15539  
Sacramento, CA 95852  
Phone: 1-800-322-6384**

### Dental Managed Care Unit

**Phone: (916) 464-3888**

# HEALTHCARE

## Health Care Counseling/Services

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### HICAP – Health Insurance Counseling and Advocacy Program

HICAP provides personalized counseling, community education, and outreach events for Medicare beneficiaries.

HICAP is the primary local source for information and assistance with Medicare benefits, prescription drug plans, and health plans, including:

- Prescription Drug Plan Coverage
- Medicare Advantage Plans
- Medicare Supplemental Policies
- Medicare Savings Programs
- Long Term Insurance.

### Contact HICAP with Questions Regarding Insurance

1600 K Street  
Sacramento, CA 95814

Website: <https://www.aging.ca.gov/hicap>  
National Toll Free Phone: 1-800-434-0222

# LOCAL CITY INFORMATION

## Palm Springs

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### *Elected Officials*

#### A. State Assemblyman: Brian Nestande

- **Palm Desert Office**
  - 73-710 Fred Waring Drive, Suite #116, Palm Desert, CA 92260
  - (760) 674-0164 (Phone); (760) 674-0184 (Fax)
- **Hemet Office**
  - 2091 West Florida Avenue, Suite #125, Hemet, CA 92545
  - (951) 925-8306 (Phone); (951) 658-4193 (Fax)
- **Beaumont Satellite Office**
  - Beaumont Civic Center, 550 East 6<sup>th</sup> Street, Room #4, Beaumont, CA 92223
  - Office Hours: 9AM-12PM 2nd & 4th Wednesday of every month
- **San Jacinto Satellite Office**
  - San Jacinto City Hall, 595 S. San Jacinto Avenue, San Jacinto, CA 92583
  - Office Hours: 9:00AM-12:00PM 1st and 3rd Wednesday of every month

#### B. City Council

- Steve Pougnet, Mayor
- Rick Hutcheson, Mayor Pro Tem
- Ginny Foat, Councilmember
- Paul Lewin, Councilmember
- Chris Mills, Councilmember
- James Thompson, City Clerk
- David H. Ready, Esq., Ph.D., City Manager
- **Address:** 3200 East Tahquitz Canyon Way, Palm Springs, CA 92262
- **Phone:** (760) 323-8299

### *Code Enforcement*

To report a code violation, call the Code Enforcement Department at **(760) 778-8434**.

To report vacation rental/event house violations or complaints, call **(760) 833-7988**.

### *Police Department*

The mission of the Palm Springs Police Department is to provide professional, ethical, and courteous service to the community.

# LOCAL CITY INFORMATION

For information on Police Department programs and initiatives, please contact the Palm Springs Police Department.

**Police Station**  
200 South Civic Drive  
Palm Springs, CA 92262

**Non-Emergency Dispatch**  
(760) 323-8116

**Emergency Numbers**  
9-1-1  
(760) 327-1441

## ***Fire Department***

The City of Palm Springs has four fire stations: Station 1, 2, 3, and 4. For information on Fire Department programs and initiatives, please contact the San Jacinto Fire Department.

**Fire Station 1**  
277 N. Indian Canyon  
Palm Springs, CA 92262

**Fire Station 2: FIRE Headquarters**  
300 N. El Cielo Road  
Palm Springs, CA 92262  
Phone: (760) 323-8181  
Fax: (760) 778-8430

**Fire Station 3**  
590 E. Racquet Club  
Palm Springs, CA 92262

**Fire Station 4**  
1300 Laverne Way  
Palm Springs, CA 92262

## ***Library***

The Palm Springs Library is open Monday – Saturday, and offers free wireless Internet access, as well as computer skill classes and book clubs. For more information about programs and a calendar of events, please contact the Palm Springs Library.

300 S. Sunrise Way  
Palm Springs, CA 92262  
(760) 322-READ (7323)

# LOCAL CITY INFORMATION

## *Senior/Community Center*

The Mizell Senior Center has been serving the community for 40 years, and offers services and activities that support independence and encourages involvement in the community.

- Health and Wellness
  - Exercise classes
  - Fall prevention
  - Support Groups
  - Lecture Series
  - Health Services
- Recreational
  - Classes
  - Computer Learning Center
  - Games
  - Interest Groups
  - Music and Arts
  - Lunch Service
- Services for Members
  - Counseling Services
- Meals on Wheels

For more information, calendar of events, and class schedules, contact the Mizell Senior Center.

### **Mizell Senior Center**

480 South Sunrise Way, Palm Springs, CA 92262  
(760) 323-5689

# LOCAL CITY INFORMATION

## Desert Hot Springs

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### *Elected Officials*

#### A. State Assemblyman: V. Manuel Perez

- **Indio Office**
  - 45-677 Oasis Street, Indio, CA 92201
  - (760) 342-8047 (Phone); (760) 347-8704 (Fax)
- **Imperial Valley Office**
  - 1625 West Main Street, Suite 220, El Centro, CA 92243
  - (760) 336-8912 (Phone); (760) 336-8914 (Fax)
- **State Capitol Office**
  - P.O. Box 942849, Sacramento, CA 94249
  - (916) 319-2056 (Phone); (916) 319-2156 (Fax)

#### B. City Council

- Adam Sanchez, Sr., Mayor
- Russell Betts, Mayor Pro Tem
- Joe McKee, Councilmember
- Jan Pyre, Councilmember
- Scott Matas, Councilmember
- Martin Magana, City Manager
- Jerryl Soriano, City Clerk
- **Address:** 65-950 Pierson Blvd., Desert Hot Springs, CA 92240
- **Phone:** (760) 329-6411

### *Code Enforcement*

Code Enforcement responds to complaints and identifies violations on public and private property. To report a violation or file a complaint, call: **(760) 288-0608**.

### *Police Department*

The Desert Hot Springs Police Department has a history of providing high visibility preventative patrol, and enforcement of laws and ordinances. The Police Department also provides vast community resources. For more information on programs and initiatives, please contact the Desert Hot Springs Police Department.

# LOCAL CITY INFORMATION

## Desert Hot Springs Police Department

65-950 Pierson Blvd.

Desert Hot Springs, CA 92240

*(Located next to City Hall)*

Phone: (760) 329-6411

## *Fire Department*

The Desert Hot Springs Fire Department is committed to the safety of residents and to fire prevention.

**For information on programs and initiatives, contact the Desert Hot Springs Fire Department, Station 37**

65-958 Pierson Blvd.

Desert Hot Springs, CA 92240

Phone: (760) 329-5123

## *Library*

The Desert Hot Springs Library is open Monday – Saturday, closed on Fridays and Sundays. The Library offers public computer access, volunteer opportunities, and other programs.

**For information on programs and schedules, contact the Desert Hot Springs Library.**

11691 West Drive

Desert Hot Springs, CA 92240

Phone: (760) 329-5926

Fax: (760) 329-3593

## *Senior/Community Center*

The City of Desert Hot Springs Senior Center offers a wide variety of services and resources for seniors in the community. The Senior Center operates Monday through Friday from 8am – 2pm.

**For information on programs and calendars of events, contact the Desert Hot Springs Senior Center.**

11-777 West Drive

Desert Hot Springs, CA 92240

(760) 329-0222

# LOCAL CITY INFORMATION

## Cathedral City

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### *Elected Officials*

#### A. State Assemblyman: V. Manuel Perez

- **Indio Office**
  - 45-677 Oasis Street, Indio, CA 92201
  - (760) 342-8047 (Phone); (760) 347-8704 (Fax)
- **Imperial Valley Office**
  - 1625 West Main Street, Suite 220, El Centro, CA 92243
  - (760) 336-8912 (Phone); (760) 336-8914 (Fax)
- **State Capitol Office**
  - P.O. Box 942849, Sacramento, CA 94249
  - (916) 319-2056 (Phone); (916) 319-2156 (Fax)

#### B. City Council

- Kathy DeRosa, Mayor
- John Aguilar, Councilmember
- Stan Henry, Councilmember
- Gregory S. Pettis, Councilmember
- Gary F. Howell, City Clerk
- Henry Chan, City Treasurer
- Charlie McClendon, City Manager
- **Address:** 68-700 Avenida Lalo Guerrero, Cathedral City, CA 92234
- **Phone:** (760) 770-0340

### *Code Enforcement*

The Code Enforcement Division is responsible for identifying violations and enforcing municipal code. To report a violation or file a complaint, contact Code Enforcement at **(760) 770-0309 (Phone) or (760) 202-1460 (Fax)**.

### *Police Department*

The Cathedral City Police Department is dedicated to maintaining a safe community environment for all.

**For information on programs and initiatives, contact the Cathedral City Police**

**Department**

**68-700 Avenida Lalo Guerrero**

**Cathedral City, CA 92234**

**(760) 770-0362**

# LOCAL CITY INFORMATION

## *Fire Department*

The Cathedral City Fire Department is committed to preserving life, environment, and property through expeditious and professional service.

**For information on programs and initiatives, contact the Cathedral City Fire**

**Department Headquarters**

32100 Desert Vista Road  
Cathedral City, CA 92234  
(760) 770-8200

**Downtown Fire Station**

36913 Date Palm Drive  
Cathedral City, CA 92234

**North-End Fire Station**

27610 Landau Blvd.  
Cathedral City, CA 92234

## *Library*

The Public Library in the City of Cathedral City is open Monday – Sunday, closed on Fridays. The Library provides free wireless Internet access, as well as programs and services.

**For information on programs and a calendar of events, contact the Cathedral City**

**Public Library**

33520 Date Palm Drive  
Cathedral City, CA 92234  
Phone: (760) 328-4262  
Fax: (760) 770-9828

## *Senior/Community Center*

The Cathedral Center has been providing services and activities to seniors in the community for many years. Such programs and activities include:

- Mobile Food Pantry
- Support Groups
- Games
- Lectures/Classes
- Meals on Wheels
- Recreational/Exercise Groups
- Computer Classes
- Health Care Referrals
- Legal Aid Referrals

# LOCAL CITY INFORMATION

- Dance Classes
- Crafts and Activities

**For more information on programs and event details, contact The Cathedral Center**

**37-171 West Buddy Rogers Avenue**

**Cathedral City, CA 92234**

**Phone: (760) 321-1548**

# LOCAL CITY INFORMATION

## Rancho Mirage

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### *Elected Officials*

#### A. State Assemblyman: Brian Nestande

- **Palm Desert Office**
  - 73-710 Fred Waring Drive, Suite #116, Palm Desert, CA 92260
  - (760) 674-0164 (Phone); (760) 674-0184 (Fax)
  
- **Hemet Office**
  - 2091 West Florida Avenue, Suite #125, Hemet, CA 92545
  - (951) 925-8306 (Phone); (951) 658-4193 (Fax)
  
- **Beaumont Satellite Office**
  - Beaumont Civic Center, 550 East 6<sup>th</sup> Street, Room #4, Beaumont, CA 92223
  - Office Hours: 9AM-12PM 2nd & 4th Wednesday of every month
  
- **San Jacinto Satellite Office**
  - San Jacinto City Hall, 595 S. San Jacinto Avenue, San Jacinto, CA 92583
  - Office Hours: 9:00AM-12:00PM 1st and 3rd Wednesday of every month

#### B. City Council

- Iris Smotrich, Mayor
- G. Dana Hobart, Mayor Pro Tem
- Richard W. Kite, Councilmember
- Charles Townsend, Councilmember
- Ted Weill, Councilmember
- Randal Bynder, City Manager
- Cynthia Scott, City Clerk
- **Address:** 69-825 Highway 111, Rancho Mirage, CA 92270
- **Phone:** (760) 324-4511

### *Code Enforcement*

Code Compliance for the City of Rancho Mirage is part of the city's Development Services Department. To report a violation or file a complaint, please call **(760) 770-3220**.

### *Police Department*

The Rancho Mirage Police Department is operated through Riverside County Sheriff's Department.

# LOCAL CITY INFORMATION

**For information on programs and initiatives, contact the Riverside County Sheriff's Department (Rancho Mirage Police Department)**

73-705 Gerald Ford Drive  
Palm Desert, CA 92211  
Phone: (760) 836-1600

**California Highway Patrol**

79-650 Varner Road  
Indio, CA 92203  
Phone: (760) 772-8911

***Fire Department***

The City of Rancho Mirage contracts with Riverside County Fire Department to provide fire safety and preventative measures to the residents of the city.

**For information on programs and initiatives, contact the Rancho Mirage Fire Stations**

**Fire Station North – Station 69**  
71-751 Gerald Ford Drive  
Rancho Mirage, CA 92270  
Phone: (760) 321-9399

**Fire Station South – Station 50**  
70-801 Highway 111  
Rancho Mirage, CA 92270  
Phone: (760) 328-9877

***Library***

The Rancho Mirage Library offers a variety of programs and classes for all community members. The Library is open six days a week and is closed on Sundays.

**For information on programs and events, contact the Rancho Mirage Library**

71-100 Highway 111  
Rancho Mirage, CA 92270  
Phone: (760) 341-7323

***Senior/Community Center***

The Joslyn Center offers a wide variety of activities, and provides information and assistance to older adults, encouraging independence and an active lifestyle.

Programs offered include:

- Meals on Wheels
- Blood Pressure Screenings

# LOCAL CITY INFORMATION

- Health Insurance Counseling
- Legal Assistance
- Telephone Safety Net
- Tax Preparation
- Hearing and Vision Testing
- Assistance with Form(s) Completion

**For more information on programs and services, please contact the Joslyn Center**

**73-750 Catalina Way  
Palm Desert, CA 92260  
Phone: (760) 340-3220  
Fax: (760) 568-9230**

**Hours**

**Monday – Friday, 8am – 5pm**

# LOCAL CITY INFORMATION

## Indian Wells

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### *Elected Officials*

#### A. State Assemblyman: Brian Nestande

- **Palm Desert Office**
  - 73-710 Fred Waring Drive, Suite #116, Palm Desert, CA 92260
  - (760) 674-0164 (Phone); (760) 674-0184 (Fax)
  
- **Hemet Office**
  - 2091 West Florida Avenue, Suite #125, Hemet, CA 92545
  - (951) 925-8306 (Phone); (951) 658-4193 (Fax)
  
- **Beaumont Satellite Office**
  - Beaumont Civic Center, 550 East 6<sup>th</sup> Street, Room #4, Beaumont, CA 92223
  - Office Hours: 9AM-12PM 2nd & 4th Wednesday of every month
  
- **San Jacinto Satellite Office**
  - San Jacinto City Hall, 595 S. San Jacinto Avenue, San Jacinto, CA 92583
  - Office Hours: 9:00AM-12:00PM 1st and 3rd Wednesday of every month

#### B. City Council

- Ted J. Mertens, Mayor
- Ty Peabody, Mayor Pro Tem
- Patrick Mullany, Councilmember
- Douglas Hanson, Councilmember
- Mary T. Roche, Councilmember
- Wade McKinney, City Manager
- **Address:** 44-950 Eldorado Drive, Indian Wells, CA 92210
- **Phone:** (760) 346-2489

### *Code Enforcement*

The Code Compliance Division is responsible for ensuring that all residents within the City are compliant with local codes and ordinances. To report a violation or file a complaint, please visit the City of Indian Wells Code Enforcement Department at the address listed above.

### *Police Department*

The City of Indian Wells contracts with the Riverside County Sheriff's Department for police services.

# LOCAL CITY INFORMATION

**For information on programs and initiatives, contact the Riverside County Sheriff's**

**Office, Palm Desert Station**

**73705 Gerald Ford Drive**

**Palm Desert, CA 92211**

**Phone: (760) 836-1600**

**Fax: (760) 836-1616**

**Non-Emergency Dispatch**

**(760) 836-3215, ext. 5**

## ***Fire Department***

The Indian Wells Fire Department operated through the Riverside County Fire Department and is committed to safety of the community.

**For information on programs and initiatives, contact the Indian Wells Fire Department (Riverside County Fire Department)**

**44-900 Eldorado Drive**

**Palm Desert, CA 92210**

**Phone: (760) 568-5252**

## ***Library***

The City of Indian Wells refers residents to the Rancho Mirage Library, which offers a variety of programs and classes for all community members. The Library is open six days a week and is closed on Sundays.

**For information on programs and events, contact the Rancho Mirage Library**

**71-100 Highway 111**

**Rancho Mirage, CA 92270**

**Phone: (760) 341-7323**

## ***Senior/Community Center***

The City of Indian Wells refers residents to the Joslyn Center, which offers a wide variety of activities, and provides information and assistance to older adults, encouraging independence and an active lifestyle.

Programs offered include:

- Meals on Wheels
- Blood Pressure Screenings
- Health Insurance Counseling
- Legal Assistance
- Telephone Safety Net
- Tax Preparation
- Hearing and Vision Testing
- Assistance with Form(s) Completion

# LOCAL CITY INFORMATION

For more information on programs and services, please contact the Joslyn Center

73-750 Catalina Way  
Palm Desert, CA 92260  
Phone: (760) 340-3220  
Fax: (760) 568-9230

## Hours

Monday – Friday, 8am – 5pm

# LOCAL CITY INFORMATION

## Palm Desert

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### *Elected Officials*

C. State Assemblyman: Brian Nestande

- **Palm Desert Office**
  - 73-710 Fred Waring Drive, Suite #116, Palm Desert, CA 92260
  - (760) 674-0164 (Phone); (760) 674-0184 (Fax)
  
- **Hemet Office**
  - 2091 West Florida Avenue, Suite #125, Hemet, CA 92545
  - (951) 925-8306 (Phone); (951) 658-4193 (Fax)
  
- **Beaumont Satellite Office**
  - Beaumont Civic Center, 550 East 6<sup>th</sup> Street, Room #4, Beaumont, CA 92223
  - Office Hours: 9AM-12PM 2nd & 4th Wednesday of every month
  
- **San Jacinto Satellite Office**
  - San Jacinto City Hall, 595 S. San Jacinto Avenue, San Jacinto, CA 92583
  - Office Hours: 9:00AM-12:00PM 1st and 3rd Wednesday of every month

D. City Council

- Van Tanner, Mayor
- Susan Marie Weber, Mayor Pro Tem
- Jean M. Benson, Councilmember
- Jan Harnik, Councilmember
- Robert A. Spiegel, Councilmember
- John M. Wohlmuth, City Manager
- Rachelle D. Klassen, City Clerk
- **Address:** Palm Desert Civic Center, 73-510 Fred Waring Drive, Palm Desert, CA 92260
- **Phone:** (760) 346-0611

### *Code Enforcement*

The Code Compliance Division is responsible for ensuring that all neighborhoods within the City of Palm Desert are consistent and in compliance with community standards and Municipal Codes. To report a violation or file a complaint, please contact Code Compliance at **(760) 346-0611**.

# LOCAL CITY INFORMATION

## *Police Department*

The mission of the Palm Desert Police Department is to provide quality service to the residents of Palm Desert.

**For information on programs and initiatives, contact the Palm Desert Police Department**

73705 Gerald Ford Drive  
Palm Desert, CA 92211  
Phone: (760) 836-1600  
Fax: (760) 836-1616

## *Fire Department*

The Palm Desert Fire Department operated through the Riverside County Fire Department and is committed to safety of the community.

**For information on programs and initiatives, contact Fire and Paramedics (Riverside County Fire Department)**

44400 Town Center Way (Station 33)  
Palm Desert, CA 92260  
Phone: (760) 346-0508

**Station 67: Mesa View**  
(760) 340-1120

**Station 71: Portola and Country Club**  
(760) 346-3335

## *Library*

The Palm Desert Library is open seven days per week, and offers a variety of programs of benefit to the community.

**For information on programs and events, contact the Palm Desert Library**

73-300 Fred Waring Drive  
Palm Desert, CA 92260  
Phone: (760) 346-6552  
Fax: (760) 341-7862

## *Senior/Community Center*

The Joslyn Center offers a wide variety of activities, and provides information and assistance to older adults, encouraging independence and an active lifestyle.

Programs offered include:

- Meals on Wheels
- Blood Pressure Screenings

# LOCAL CITY INFORMATION

- Health Insurance Counseling
- Legal Assistance
- Telephone Safety Net
- Tax Preparation
- Hearing and Vision Testing
- Assistance with Form(s) Completion

**For more information on programs and services, please contact the Joslyn Center**

**73-750 Catalina Way  
Palm Desert, CA 92260  
Phone: (760) 340-3220  
Fax: (760) 568-9230**

**Hours**

**Monday – Friday, 8am – 5pm**

# LOCAL CITY INFORMATION

## La Quinta

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### *Elected Officials*

#### C. State Assemblyman: Brian Nestande

- **Palm Desert Office**
  - 73-710 Fred Waring Drive, Suite #116, Palm Desert, CA 92260
  - (760) 674-0164 (Phone); (760) 674-0184 (Fax)
- **Hemet Office**
  - 2091 West Florida Avenue, Suite #125, Hemet, CA 92545
  - (951) 925-8306 (Phone); (951) 658-4193 (Fax)
- **Beaumont Satellite Office**
  - Beaumont Civic Center, 550 East 6<sup>th</sup> Street, Room #4, Beaumont, CA 92223
  - Office Hours: 9AM-12PM 2nd & 4th Wednesday of every month
- **San Jacinto Satellite Office**
  - San Jacinto City Hall, 595 S. San Jacinto Avenue, San Jacinto, CA 92583
  - Office Hours: 9:00AM-12:00PM 1st and 3rd Wednesday of every month

#### D. City Council

- Don Adolph, Mayor
- Lee M. Osborne, Mayor Pro Tem
- Kristy Franklin, Councilmember
- Terry B. Henderson, Councilmember
- Linda Evans, Councilmember
- Frank J. Spevacek, City Manager
- Susan Maysels, City Clerk
- **Address:** 78-495 Calle Tampico, La Quinta, CA 92253
- **Phone:** (760) 777-7000

### *Code Enforcement*

The Code Enforcement Department enforces local codes and ordinances, with a mission of community betterment. To report a violation or file a complaint, please call Code Compliance at **(760) 777-7125**.

# LOCAL CITY INFORMATION

## *Police Department*

The mission of the La Quinta Police Department is to partner with the community to ensure the safety of residents.

**For information on programs and initiatives, contact the La Quinta Police Department**

86-625 Airport Blvd.  
Thermal, CA 92274  
Phone: (760) 863-8990  
Fax: (760) 863-8955

**Civic Center Community Policing Office**

78-495 Calle Tampico  
La Quinta, CA 92253  
Phone: (760) 771-3220  
Fax: (760) 564-5401

**Non-Emergency Dispatch**  
(760) 836-3215, ext. 5

## *Fire Department*

The City of La Quinta contracts for fire services through the County of Riverside and is committed to the safety of city residents and to fire prevention.

**For information on programs and initiatives, contact Fire Stations**

**Station 32 (bottom of the Cove)**

78111 Avenue 52  
La Quinta, CA 92253  
Phone: (760) 564-4351

**Station 70 (PGA West)**

54001 Madison Street  
La Quinta, CA 92253  
Phone: (760) 564-2122

**Station 93 (North La Quinta)**

44555 Adams Street  
La Quinta, CA 92253  
Phone: (760) 345-7663

## *Library*

The La Quinta Library is open seven days per week and offers a variety of programs for community members.

# LOCAL CITY INFORMATION

**For information on programs and a calendar of events, contact the La Quinta Library**

**78-275 Calle Tampico**

**La Quinta, CA 92253**

**Phone: (760) 564-4767**

**Fax: (760) 771-0237**

## ***Senior/Community Center***

The La Quinta Senior Center is open Monday – Friday from 8am – 5pm and serves the needs of the senior community through the provision of classes, programs, and activities.

**For more information on available programs and services, please contact the La Quinta Senior Center**

**78-450 Avenida La Fonda**

**La Quinta, CA 92235**

**Phone: (760) 564-0096**

# LOCAL CITY INFORMATION

## Indio

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### *Elected Officials*

E. State Assemblyman: V. Manuel Perez

- **Indio Office**
  - 45-677 Oasis Street, Indio, CA 92201
  - (760) 342-8047 (Phone); (760) 347-8704 (Fax)
- **Imperial Valley Office**
  - 1625 West Main Street, Suite 220, El Centro, CA 92243
  - (760) 336-8912 (Phone); (760) 336-8914 (Fax)
- **State Capitol Office**
  - P.O. Box 942849, Sacramento, CA 94249
  - (916) 319-2056 (Phone); (916) 319-2156 (Fax)

F. City Council

- Michael Wilson, Mayor
- Ascencion “Sam” Torres, Mayor Pro Tem
- Elaine Holmes, Councilmember
- Lupe Ramos Watson, Councilmember
- Glenn Miller, Councilmember
- Dan Martinez, City Manager
- Cynthia Hernandez, City Clerk
- Sharon Ellis, City Treasurer
- **Address:** 100 Civic Center Mall, Indio, CA 92201
- **Phone:** (760) 391-4000

### *Code Enforcement*

The Code Enforcement Unit is part of the Indio Police Department and enforces city codes and ordinances. To report violations or to file a complaint, please call **(760) 391-4123**.

### *Police Department*

The mission of the Indio Police Department is to provide enforcement services to the residents of Indio.

**For information on programs and initiatives, contact the Indio Police Department.**

46800 Jackson Street  
Indio, CA 92201  
Phone: (760) 391-4057

# LOCAL CITY INFORMATION

## *Fire Department*

The Indio Fire Department is committed to the safety of residents and to fire prevention.

**For information on programs and initiatives, contact the Indio Fire Services.**

**Indio Station 1  
46990 Jackson Street  
Indio, CA 92201  
Phone: (760) 347-0726**

**Indio Station 3  
46621 Madison Street  
Indio, CA 92201  
Phone: (760) 342-4495**

**Indio Station 4  
81-025 Avenue 40  
Indio, CA 92203  
Phone: (760) 347-1030**

**Indio Station 5  
42-900 Golf Center Parkway  
Indio, CA 92201  
Phone: (760) 342-2774**

## *Library*

The Indio Library offers a variety of programs and classes, and is open five days per week, closed on Fridays and Sundays.

**For information on programs and events, contact the Indio Library**

**200 Civic Center Mall  
Indio, CA 92201  
Phone: (760) 347-2383  
Fax: (760) 347-3159**

## *Senior/Community Center*

The Indio Senior Center offers a variety of programs and activities for seniors in the community. Programs offered include:

- Crafts
- Recreation/Exercise Classes
- Meals on Wheels
- Trips

# LOCAL CITY INFORMATION

For more information on programs and activities, please contact the Indio Senior Center

45-700 Aladdin Street

Indio, CA 92201

Phone: (760) 391-4170

Fax: (760) 391-6448

# LOCAL CITY INFORMATION

## Coachella

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### *Elected Officials*

G. State Assemblyman: V. Manuel Perez

- **Indio Office**
  - 45-677 Oasis Street, Indio, CA 92201
  - (760) 342-8047 (Phone); (760) 347-8704 (Fax)
- **Imperial Valley Office**
  - 1625 West Main Street, Suite 220, El Centro, CA 92243
  - (760) 336-8912 (Phone); (760) 336-8914 (Fax)
- **State Capitol Office**
  - P.O. Box 942849, Sacramento, CA 94249
  - (916) 319-2056 (Phone); (916) 319-2156 (Fax)

H. City Council

- Eduardo Garcia, Mayor
- Steven Hernandez, Mayor Pro Tem
- Arturo Aviles, Councilmember
- Emmanuel Martinez, Councilmember
- Magdalena Zepeda, Councilmember
- David R. Garcia, City Manager
- Beatrice, Barajas, City Clerk
- **Address:** 1515 Sixth Street, Coachella, CA 92236
- **Phone:** (760) 398-3502

### *Code Enforcement*

Code Enforcement for the City of Coachella reports to the Development Services Director and enforces local codes and ordinances. To report a violation or file a complaint, please call **(760) 398-4978**.

### *Police Department*

The City of Coachella contracts police services through the Riverside County Sheriff's Department.

**For information on programs and initiatives, contact the Thermal Sheriff Station**  
86-625 Airport Blvd  
Thermal, CA 92274  
Phone: (760) 863-8990

# LOCAL CITY INFORMATION

## *Fire Department*

The Coachella Fire Department is committed to the safety of residents and to fire prevention.

**For information on programs and initiatives, contact the Coachella Fire Station**

**Station 79**

**1377 Sixth Street**

**Coachella, CA 92236**

**Phone: (760) 398-8895**

**Fax: (760) 398-3575**

## *Library*

The Coachella Library is operated by the Riverside County Library System.

**For information on programs and activities, contact the Coachella Library**

**1538 Seventh Street**

**Coachella, CA 92236**

**Phone: (760) 398-5148**

## *Senior/Community Center*

The Eleanor Shadowen Senior Center provides the opportunity for community members to engage in activities and programs that promote an active and independent lifestyle. Programs offered include:

- Services Assistant
- Information Referral
- Translation
- Recreation/Exercise
- Health Promotion/Screenings
- Nutrition Program

**For more information, please contact the Eleanor Shadowen Senior Center**

**1540 7<sup>th</sup> Street**

**Coachella, CA 92236**

**Phone: (760) 398-0104**

# LOCAL CITY INFORMATION

## Blythe

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### *Elected Officials*

#### I. State Assemblyman: V. Manuel Perez

- **Indio Office**
  - 45-677 Oasis Street, Indio, CA 92201
  - (760) 342-8047 (Phone); (760) 347-8704 (Fax)
- **Imperial Valley Office**
  - 1625 West Main Street, Suite 220, El Centro, CA 92243
  - (760) 336-8912 (Phone); (760) 336-8914 (Fax)
- **State Capitol Office**
  - P.O. Box 942849, Sacramento, CA 94249
  - (916) 319-2056 (Phone); (916) 319-2156 (Fax)

#### J. City Council

- Mike Evans, Mayor
- Tim Wade, Mayor Pro Tem
- Joseph De Coninck, Councilmember
- Oscar Galvan, Councilmember
- Wayne Cusick, Councilmember
- Mallory Sutterfield, City Clerk
- **Address:** 235 N. Broadway, Blythe, CA 92225
- **Phone:** (760) 922-6161

### *Code Enforcement*

Code Enforcement for the City of Blythe is responsible for enforcing local codes and ordinances. To file a report or report a violation, please call **(760) 922-6130**.

### *Police Department*

The mission of the Blythe Police Department is to partner with the community to ensure the safety of residents.

**For information on programs and initiatives, contact the Blythe Police Department**

**240 N. Spring Street  
Blythe, CA 92225  
Phone: (760) 922-6111**

# LOCAL CITY INFORMATION

## *Fire Department*

The Blythe Fire Department is committed to the safety of Blythe residents and to fire prevention.

**For information on programs and initiatives, contact the Blythe Fire Services**  
201 N. Commercial Street  
Blythe, CA 92225

## *Library*

The Palo Verde Library District offers a variety of programs and services to residents.

**For information on programs and events, contact the Palo Verde Library District**  
125 W. Chanslorway  
Blythe, CA 92225  
Phone: (760) 922-5371

## *Senior/Community Center*

The Blythe Community/Senior Center offers a variety of programs and activities that seniors and other community members may take advantage of.

**For more information, please contact the Blythe Community/Senior Center**  
445 N. Broadway  
Blythe, CA 92225  
Phone: (760) 922-8830

# HOSPITALS & CLINICS

## Desert Regional Medical Center

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Desert Regional Medical Center is a facility that places the needs of patients at the forefront of care. This medical facility features a full array of healthcare services and community programs, including:

- Emergency Services
- Bariatric Specialists
- Cardiac Care Services
- Comprehensive Cancer Center
- Inpatient Acute Rehabilitation
- Institute of Clinical Orthopedics and Neuroscience
- Women and Infants Center
- Wound Care Center
- Diabetes Center
- Diagnostic Imaging
- East Valley Services
- El Mirador Surgical Center
- Pulmonary & Respiratory Services
- Trauma Services

Patient advocates act as personal liaisons between patients and the hospital. If you have a complaint or concern regarding the quality of the care that you received, contact the Patient Advocates Office.

### **Desert Regional Medical Center**

1150 N. Indian Canyon Drive  
Palm Springs, CA 92262  
(760) 323-6511

### **La Quinta Medical Center**

47647 Caleo Bay  
La Quinta, CA 92253  
(760) 323-6511

## Eisenhower Medical Center

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Eisenhower Medical Center is committed to providing a safe, high quality, personalized healthcare visit for patients.

Eisenhower Medical Center provides the following services:

- Imaging
- Behavioral Health
- Bariatric Center
- Emergency Care
- Cancer
- Cardiovascular
- Diabetes
- HIV Services
- Memory Care Center
- Neuroscience
- Nutrition
- Occupational Health
- Orthopedics
- Rehabilitation
- Stroke Center
- Urgent Care
- Wound Care

Eisenhower Medical Center also offers programs and services for the community, including health education newsletters.

### **Eisenhower Medical Center**

39000 Bob Hope Drive  
Rancho Mirage, CA 92270  
Phone: (760) 340-3911

### **Eisenhower Urgent Care Centers**

Locations in Rancho Mirage, Palm Springs, and La Quinta  
(760) 834-3593

## **JFK Memorial Hospital**

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JFK Memorial Hospital is committed to providing a safe, high quality, personalized healthcare visit for patients.

JFK Memorial Hospital provides the following services:

- Obstetrics
- Orthopedics and Joint & Bone Institute
- Surgical Services
- Emergency Services
- Cardiology
- Gastrointestinal
- Diagnostic Imaging
- Outpatient Rehabilitation Services

JFK Memorial Hospital also offers health resources online, as well as events, classes, and support groups

### **JFK Memorial Hospital**

47111 Monroe Street

Indio, CA 92201

Phone: (760) 347-6191

Fax: (760) 775-8014

## Borrego Community Health Foundation

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Borrego Community Health Foundation provides high quality customer service that is focused on health care and overall wellness.

Borrego Community Health Foundation provides the following services:

- Primary Health Services
- Specialty Services
- Ancillary Services
- Enabling Services
- Preventative Care

Borrego Community Health Foundation has a variety of clinics in many areas. For more information or to make an appointment, use the contact information below:

- Centro Medico – Cathedral City
  - 69175 Ramon Road, Suite A, Cathedral City, CA 92234
  - Phone: (760) 321-6776; Fax: 321-4036
- Centro Medico – Coachella
  - 55557 Campus Road, Thermal, CA 92274
  - Phone: (760) 399-4526; Fax: (760) 399-4421
- Centro Medico Mobile Unit
  - Base: 55557 Campus Road, Thermal, CA 92274
  - Phone: (760) 399-4526; Fax: (760) 399-4421
- Centro Medico Oasis
  - 88775 Avenue 76, Suite #1, Thermal, CA 92274
  - Phone: (760) 397-2501; Fax: (760) 397-2508
- Desert Hot Springs Community Health Center
  - 12520 Palm Drive, Desert Hot Springs, CA 92240
  - Phone: (760) 676-5240; Fax: (760) 251-0541
- The Smile Factory – A Division of Borrego Community Health Foundation
  - 41865 Boardwalk, Suite 210, Palm Desert, CA 92211
  - Phone: (760) 773-5747; Fax: (760) 773-5787

## **Coachella Valley Volunteers in Medicine**

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Coachella Valley Volunteers in Medicine provides a no-cost primary health care service to medically underserved people residing in the Coachella Valley.

Coachella Valley Volunteers in Medicine provides the following services:

- Preventative and Acute Care
- Chronic Disease Management
- Minor Procedures
- Laboratory, Imaging, and Other Diagnostic Testing
- Gynecologic Services/Women's Preventative Care
- Prescription Assistance
- Basic Dentistry
- Educational Programs

### **Coachella Valley Volunteers in Medicine**

82-915 Avenue 48  
Indio, CA 92201  
Phone: (760) 342-4414  
Fax: (760) 342-4401

## Clinicas de Salud del Pueblo, Inc.

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Clinicas de Salud del Pueblo is a private, non-profit organization that provides an array of primary care services. Clinicas is dedicated to providing quality, needed care.

Clinicas de Salud del Pueblo provides the following services:

- Medical Services
- Dental Services
- Child Health & Disability Prevention Program
- OB-GYN Program
- Pharmacy Services
- Social Services
- Women, Infants, and Children (WIC)
- Health Education
- Family Planning Services
- Laboratory Services
- Transportation

For more information or to make an appointment, please see locations and contact information below:

- Blythe Medical Clinic
  - 321 Hobson Way, Suite C, Blythe, CA 92225
  - Phone: (760) 922-4981; Fax: (760) 922-4442
- Coachella Medical Clinic
  - 49111 Highway 111, Coachella, CA 92236
  - Phone: (760) 393-0555
- Mecca Medical Clinic
  - 91275 66<sup>th</sup> Avenue, Suite 500, Mecca, CA 92254
  - Phone: (760) 396-1249; Fax: (760) 396-1253
- Mecca Dental Clinic
  - 91275 66<sup>th</sup> Avenue, Suite 300, Mecca, CA 92254
  - Phone: (760) 396-0521
- Indio Health Center
  - 83791 Date Avenue, Indio, CA 92201
  - Phone: (760) 848-7351

# UTILITIES

## Southern California Edison

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Southern California Edison is the energy/electric company servicing Southern California, and they offer programs and services to meet the needs of their clients and assist them in managing their energy usage.

Southern California Edison's website, [www.sce.com](http://www.sce.com), offers the following services:

- Move Center
- Billing and Payment
- Getting Started with Your Account
- About Rates
- Request Support
- Frequently Asked Questions
- Summer Savings Tips

The following contact list provides important numbers to be aware of when calling SCE:

- **24 Hour Support (USA & Canada):** 1-800-655-4555 Call our 24 hour support line for questions related to your account, including billing and electric rates. If you're in immediate danger, please call 911.
- **Report an Outage:** 1-800-611-1911. **If you see a downed power line, call 911 immediately.**
- **Payments, Extensions or Payment Options:** 1-800-950-2356 If you are having difficulty paying your bill, please contact us right away. You may be eligible for a payment arrangement or other financial assistance.
- **Internet Service Problems:** 1-800-409-2365 (8 a.m. - 5 p.m., Monday - Friday, excluding holidays) Let us know if you're having problems with our website and Internet services, or your user ID or password.
- **General Business Customer Service:** 1-800-990-7788 (7 a.m. - 7 p.m., Monday - Friday, 8 a.m. - 5 p.m. Saturdays, excludes holidays)
- **Account Balance:** 1-800-950-2356
- **Authorized Payment Agencies:** 1-800-747-8908
- **Digging Hotline:** 811 (Southern California) or 1-800-642-2444 (other areas)
- **TTY (Telecommunications device for the hearing impaired):** 1-800-352-8580
- **Low Income Rate Assistance:** 1-800-447-6620
- **Agricultural Customers:** 1-800-896-1245
- **Net Energy Metering Customers:** 1-866-701-7868 (8 a.m. - 5 p.m., Monday - Friday, excludes holidays)
- **Energy Education Center – Tulare:** 1-800-77A-GTAC

# UTILITIES

- **Customer Training: Energy Education Center – Irwindale:** 1-800-336-CTAC
- **Deregulation:** 1-800-799-4723
- **Electric Vehicle Information:** 1-800-438-4636
- **Energy Theft Hotline:** 1-800-227-3901

# UTILITIES

## Southern California Gas Company

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Southern California Gas Company provides gas related services throughout Southern California, including the following services:

- Home
  - Your Account Online
  - Your Gas Bill
  - Rebates
  - Save Energy at Home
  - Bill Assistance
  - Self Service Options
- Business
- Safety
- Innovation

If you are having difficulty paying your gas bill, Southern California Gas offers many assistance programs that can help customers who are experiencing financial difficulties. The following services are offered:

- California Alternate Rates for Energy Program
- Energy Savings Assistance Program
- Middle Income Direct Install Program
- Low Income Home Energy Assistance (LIHEAP)
- Gas Assistance Fund
- Medical Baseline Allowance

**For questions related to assistance with bill pay, or general inquiries, the following customer service number should be called:**

**1-877-238-0092**

# UTILITIES

## California Public Utilities Commission

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The California Public Utilities Commission regulates privately owned electric, natural gas, telecommunications, water, railroad, rail transit, and passenger transportation companies.

The Commission serves the public interest by protecting consumers and ensuring the provision of safe, reliable utility service and infrastructure at reasonable rates, with a commitment to environmental enhancement and a healthy California economy.

The Commission is equipped to handle questions regarding the following information:

- Questions about utility bills or service
- Help paying utility bills
- Lowering utility bills
- Disputing utility bill charges
- Filing complaints

**For utility complaints, call 1-800-649-7570**

**For questions and inquiries, contact the Los Angeles Office at 1-213-576-7000**

# TRANSPORTATION

## Sun Dial Paratransit

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SunDial is a valley wide, curb to curb paratransit service designed to meet the requirements of the Americans with Disabilities Act (ADA). The purpose is to provide next day public transportation service for persons who are unable to use regular SunBus service.

SunDial service is available within 3/4 of a mile on either side of any local SunBus route (not including Commuter Link 220 & North Shore Line 95).

Please call Customer Service at 1-800-347-8628 to find out if your destination is within the pick-up and drop-off zones.

For SunDial Reservations, call 1-866-311-7433. Hours are seven days a week between 8 a.m. and 5 p.m.

# TRANSPORTATION

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SunBus is the valley-wide city bus service available for residents and travelers within the Coachella Valley. Senior citizen discounts are available.

<b>ADULT (18 - 59 yrs)</b>	<b>\$1.00</b>
<b>YOUTH * (5 - 17 yrs)</b>	85¢
<b>SENIOR 60+ / DISABLED / MEDICARE**</b>	50¢
<b>TRANSFER (unlimited rides within two hours)</b>	25¢

\*\* SENIOR 60+ / DISABLED / MEDICARE: Medicare cards, DMV Driver License or Senior ID card, Americans with Disabilities Act (ADA) Certification cards or SunLine Half-Fare ID cards will be accepted as proof of age or disability.

SunLine Transit Agency | 32-505 Harry Oliver Trail, Thousand Palms, CA 92276 | Tel: 760-343-3456

Customer Service Tel: 800-347-8628 | SunDial Tel: 760-343-4231

# SENIOR ABUSE, FRAUD, AND NEGLECT

## Senior Fraud Protection

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Protect yourself from fraud and financial abuse! Be vigilant, be observant. Physical or financial abuse will continue so long as no one knows about it. Listed below are Seniors Gateway Top 10 Safety Tips to always keep in mind.

1. Never give out financial information such as bank account, credit card, social security or Medicare numbers to someone you do not know.
2. Medicare and Social Security do not cold-call beneficiaries or make house calls. If someone calls you and says they are from Medicare or Social Security, hang up. Do not give them any information.
3. Don't be pressured into buying anything immediately or because the offer will expire if you don't act soon. Never be afraid to call someone for assistance. Remember, if it sounds too good to be true, it probably is!
4. Before making any important financial decisions, make sure you fully understand the purpose and effect of the product you intend to purchase.
5. If you do make a purchase, make sure you get everything in writing and require copies of all documentation.
6. It is advisable not to wire money to anyone.
7. Do not share personal information like your address or phone number on social networking sites like Facebook.
8. Do not let strangers into your home without a trusted person, such as a family member or friend, present.
9. Delete e-mail messages that ask you to verify your account information. Banks, credit card companies and PayPal will not ask for this.
10. If you suspect anything is wrong, or that you or a loved one is being abused, do not hesitate to contact your local law enforcement agency to report your suspicions.

The need for senior fraud awareness and prevention has become greater than ever. Seniors are often easy targets for fraud, whether it's for fraudulent sweepstakes prizes or too-good-to-be-true investment returns. Fraud can happen by phone, mail, online, and in person. Fraud can happen to wealthy seniors, and to those of limited means and on fixed incomes. Although anyone can commit

# SENIOR ABUSE, FRAUD, AND NEGLECT

senior fraud, the Los Angeles branch of Adult Protective Services reports that about 90% of their cases involve allegations that a family member has financially abused an elder. Education and awareness are the first steps to help protect seniors from becoming a victim of crime and fraud.

**Visit Seniors Gateway online for more information and/or to report fraud:**

**<http://www.seniors.ca.gov/fs/financial-abuse.cfm>**

**For local information on reporting and preventing senior fraud and elder abuse, contact Riverside County Department of Public Social Services:**

**Cathedral City**

68625 Perez Road, Suite 1  
Cathedral City, CA 92234  
M – F, 8am – 5pm  
(760) 770-2450

**Indio**

48-113 Jackson Street  
Indio, CA 92201  
M – F, 8am – 5pm  
(760) 863-7210

**Blythe**

1267 W. Hobson Way  
Blythe, CA 92225  
M – F, 8am – 5pm  
(760) 921-5818

**24-Hour Adult Protective Services Hotline**

1-800-491-7123

**24-Hour Fraud Hotline**

1-800-344-8477

# SENIOR ABUSE, FRAUD, AND NEGLECT

## Elder Abuse Prevention

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Elder abuse is a serious phenomenon that occurs in different forms, such as financial abuse, emotional abuse, physical abuse, sexual abuse, and neglect. Unfortunately, elder abuse is often under reported. The County of Riverside Department of Public Social Services' Adult Services Division provides social service programs to help Riverside County's elderly and dependent adults live safely with as much independence as possible.

Staff partner with elder and dependent adults to identify service needs and create plans to meet those needs, with the involvement of the individual, family members, and other significant people in their lives. Service Plans often involve the coordination of services from many different agencies in the community. They also sponsor and coordinate county-wide multidisciplinary teams which provide education to the community and mandated reporters about elder and dependent adult abuse and help to create and implement individualized, coordinated service plans.

**Riverside County Department of Public Social Services**  
4060 County Circle Drive  
Riverside, CA 92503

Website: <http://dpss.co.riverside.ca.us>  
National Toll Free Phone: 1-800-491-7123

**Cathedral City**  
68625 Perez Road, Suite 1  
Cathedral City, CA 92234  
Adult Services Division Phone: 760-770-2450

**Blythe**  
1267 W. Hobson Way  
Blythe, CA 92225  
Adult Services Division Phone: 760-921-5818

# COMMUNITY RESOURCES

## Long-Term Care Ombudsman

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For concerns regarding care, safety, abuse, or neglect in an adult/senior citizen living facility, please call your Ombudsman. There is one located in Riverside and two local Ombudsmen located in Cathedral City and Hemet.

### **Riverside County Office on Aging**

6296 River Crest Drive, Suite K  
Riverside, CA 92507

Website: <http://www.rcaging.org>

Contact Email: [rcaging@rcaging.org](mailto:rcaging@rcaging.org)

Office Phone: 951-867-3800

National Toll Free Phone: 1-800-510-2020

Regional Phone: 1-800-510-2020

TTY: 951-697-4699

Languages: English and Spanish

Hours: 7:30AM – 5:30PM (Pacific), M-TH, Closed Fridays

### **Local Ombudsman Long Term Care**

#### **Cathedral City Office**

35325 Date Palm Drive, Suite 151H

Cathedral City, CA 92234

Office Phone: 760-328-9139

# COMMUNITY RESOURCES

## *Community Action Partnership*

Community Action Partnership was designed as Riverside County's official anti-poverty agency, and current programs aim to help those in need.

Programs of Community Action Partnership include:

- Notary Services
- Disaster Preparedness
- Earned Income Tax Credit
- Dispute Resolution
- Individual Development Accounts
- Lingafelter Development Fund
- Project B.L.I.S.S.
- The Planning Division
- Pre-Apprenticeship Program
- Utility Assistance Program
- Weatherization
- Youth Programs
- Community Action Academy
- Foundation for Economic Stability
- Volunteer Income Tax Assistance

**For more information on the programs listed above, contact Community Action Partnership.**

2038 Iowa Avenue, Suite B-102  
Riverside, CA 92507  
Email: [info@capriverside.org](mailto:info@capriverside.org)  
Phone: (951) 955-4900  
Fax: (951) 955-6506

# COMMUNITY RESOURCES

## *American Outreach Foundation*

American Outreach Foundation provides electric wheelchairs to those who cannot afford them or have been denied one from their insurance, only associated cost is \$150 for a set of batteries.

If you have an electric wheelchair that is used or no longer needed, you may donate it to the American Outreach Foundation.

### **For more information, please contact the American Outreach Foundation**

74804 Joni Drive, Suite A  
Palm Desert, CA 92260  
Phone: (760) 674-4861

## *Alzheimer's Association*

The Alzheimer's Association California Southland Chapter offers a wide variety of programs and services to assist people with Alzheimer's and their families, as well as to educate the public about the disease.

### **For more information, please contact the Alzheimer's Foundation**

69-730 Highway 111, Suite 120  
Rancho Mirage, CA 92270  
Phone: (760) 328-6767

## *EXCEED – A Division of Valley Resource Center*

EXCEED provides a senior component program that is designed for those ages 50 and up, and focuses on recreational and leisure activities.

### **For more information, please contact EXCEED**

78-150 Calle Tampico, Suite 214  
La Quinta, CA 92253  
Phone: (760) 345-3830

## *Express-Disabled Medical Transport*

Express-Disabled Medical Transport provides medical transportation in the Coachella Valley, specializing in non-emergency medical transportation for bariatric patients, physically and mentally disabled, and extremely ill patients.

### **For more information, please contact the Express-Disabled Medical Transport**

Phone: (760) 360-2068

# COMMUNITY RESOURCES

## *Coachella Valley Rescue Mission*

Coachella Valley Rescue Mission is a leading provider of refuge for the homeless and those in need within the Coachella Valley; services offered include shelter, food, and clothing.

**For more information, please contact Coachella Valley Rescue Mission**

47-470 Van Buren Street  
Indio, CA 92201  
Phone: (760) 347-3512

## *Desert Oasis Healthcare*

Desert Oasis Healthcare has been serving the Coachella Valley, offering a wide array of programs and services.

**For more information, please contact Desert Oasis Healthcare**

275 N. El Cielo Road  
Palm Springs, CA 92262  
Phone: (760) 320-5134

## *Desert SOS*

Desert SOS provides shelter and the tools for individuals to live independently; services offered include emergency shelter, transitional housing, case management services, placement assistance, daily living skills, and budget instructions.

**For more information, please contact Desert SOS**

400 S. Farrell Drive, Suite B205  
Palm Springs, CA 92262  
Phone: (760) 325-4088

## *FIND Food Bank*

Regional food bank serving eastern Riverside and southern San Bernardino Counties; provides food through a network of community-based partners, including food pantries, soup kitchens, after-school and summer care, senior centers, faith-based organizations, and homeless shelters.

**For more information or to find a location near you, please contact FIND Food Bank**

Phone: (760) 775-FOOD (3663)

## *Jewish Family Services of the Desert*

Jewish Family Services of the Desert provides needed services for the community at-large, including seniors. Services include: counseling and care management for frail, homebound seniors.

# COMMUNITY RESOURCES

**For more information, please contact Jewish Family Services of the Desert**

801 E. Tahquitz Canyon Way, Suite 202  
Palm Springs, CA 92262  
Phone: (760) 325-4088

***Martha's Village and Kitchen***

Martha's Village and Kitchen is one of the largest providers of homeless services in the Coachella Valley and Riverside County; services offered include clothing, shelter, and food.

**For more information, please contact Martha's Village and Kitchen**

83-791 Date Avenue  
Indio, CA 92201  
Phone: (760) 347-4741

***Paws and Hearts***

Paws and Hearts provides attention to the lives of the frail and special care cases that require the loving affection that only an animal healer can provide.

**For more information, please contact Paws and Hearts**

Phone: (760) 836-1406

***Senior Advocates of the Desert***

Senior Advocates of the Desert is a non-profit organization that provides services to low income seniors living in the Coachella Valley.

All services provided are free of charge.

**For more information, please contact Senior Advocates of the Desert**

P.O. Box 2827  
Cathedral City, CA 92235  
Phone: (760) 202-1024

***Senior Move Specialists***

Senior Move Specialists provides assistance to seniors who are in transition – downsizing or moving – and provide management services and consulting services to facilitate and organized and efficient move into a new home.

**For more information, please contact Senior Move Specialists**

Phone: (760) 285-0704

# COMMUNITY RESOURCES