

The [Department of State](#) has issued a Global Level 4 Health Advisory recommending that U.S. citizens avoid international travel due to the global impact of COVID-19. In countries where commercial departure options remain available, U.S. citizens who live in the United States should arrange for immediate return to the United States, unless they are prepared to remain abroad for an indefinite period.

Travel information for all U.S. citizens:

- The State Department has advised U.S. citizens to avoid all international travel to help prevent the spread of COVID-19. You can stay up to date on travel advisories by visiting travel.state.gov.
- The Centers for Disease Control (CDC) does not generally issue travel advisories or restrictions, however to stay up to date on whether you should travel domestically, travel guidance and advisories, and information on how you can prevent the spread of COVID-19, visit [CDC.gov](https://www.cdc.gov).

For U.S. citizens abroad:

- The Department of State recommends that all U.S. citizens arrange for immediate return to the United States. The State Department is making every effort to assist U.S. citizens overseas who wish to return to the United States.
- Due to the recent reduction of commercial flight schedules and closure of airports and borders in other countries, contact the relevant [U.S. embassy or consulate](#). There, you can also find information on entry restrictions, foreign quarantine policies, and urgent health information provided by local governments.
 - You can also call the nearest U.S. embassy or consulate at 1(888) 407-4747 (toll-free in the United States and Canada) or 1 (202) 501-4444 from other countries or jurisdictions.
- Enroll in the [Smart Traveler Enrollment Program \(STEP\)](#) to receive alerts and stay in contact with the State Department in the event of an emergency.

Don't see an answer to your question? You can contact my Palm Desert Office at (760) 424-8888.